

Working at Cornell

PURSUE EXCELLENCE. DISCOVER SUCCESS.

Parenting During COVID-19

Parent Connections



110+ days in Quarantine....



Choose two words to describe your experience...and, go!

Stay Informed – things are changing quickly!

COVID-19 and Reactivation Plan

<https://statements.cornell.edu/2020/20200622-campus-reactivation-planning.cfm>

Guidance for Parents & Caregivers

<https://hr.cornell.edu/covid-19-workplace-guidance>

Join the Cornell Parenting Newsletter & Parent e-Lists

<https://hr.cornell.edu/e-lists>

“Wellbeing Update” email from Work/Life, Wellness, and FSAP

<https://hr.cornell.edu/wellbeing-perks/>



Connecting with Caregivers and Other Parents

- [Care.com](#) (using your Cornell benefit)
- [Post to Cornell Parent e-Lists](#)
- [Babysitter/Caregiver List](#)
- [Nextdoor.com](#) – connect with others in your neighborhood, post positions, etc.
- [Mutual Aid Tompkins Facebook Group](#) /Parenting
- [Cornell Student Employment Website](#)
- [Ithaca Mama Facebook Group](#)
- [Cornell's Work/Life Consultant](#) (worklife@cornell.edu)
- [Craigslist](#) – specific section for child care

- New Option for Connecting? Slack, Facebook group, etc.

School's Out for Summer - Types of Care / Options

- **Summer Camps**
- **Informal Care:** Babysitters, Nanny, Nanny Share
- **Quaranteam/Pod:** with other families (share the caregiving)
- **Child Care Centers**
- **Group Home Child Care Providers:** many openings, licensed for 6-12 children
- **Work Schedule Adjustments:** hybrid remote/on-site, hours, workload, PTO

In-Home Activities, Tutors and Fun Things to Do

Things to do that are fun and educational

Highlighted by the Cornell [Parenting Webpage](#) and [Parenting Newsletter](#)

- [100 Things](#)
- [At Home Learning Resources](#)
- [Wide Open School](#)
- [Families First Resources](#)
- [Stuck at Home Guide](#)
- [Educational Resources](#)
- [Fun at Home Activities](#)
- [Noggin](#)



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Parenting News

This newsletter connects faculty, staff, students, and retirees to Cornell-sponsored family-friendly events, activities, workshops, and services. It is distributed weekly. Brought to you by Work/Life in the Division of Human Resources.

Activities for Children & Families

Create Your Own Fish Story

June is National Great Outdoors Month and the perfect time to grab a fishing pole and head to the water! [Fishing](#) is simple to learn and enjoyed by people of all ages and physical abilities. We live in the [perfect area](#) to try your hand at capturing that monster fish.



Looking for the best places to fish? Use [DECinfo Locator](#) - an interactive map featuring public fishing rights, parking areas, boat launches, wildlife management areas, and other information to help you plan your fishing trip. Also try their [app](#) on your mobile device.

In-person or Remote Summer Camp Programs

Open/Will Run

- [Cornell CUBS Sports Camps](#)
- [Coddington Road](#)
- [IC3 Summer Camp](#)
- [YMCA](#)
- [Lansing Recreation Camps](#)
- [Paddle-N-More](#)
- [Lime Hollow Camps \(Cortland\)](#)
- [Lab of Ornithology](#)
- [Ithaca Children's Garden](#)

Cancelled:

- Ithaca Youth Bureau programs
- Greater Ithaca Activities Center (GIAC)
- Ithaca College Sports Camps
- Hidden Valley 4-H Day Camp
- Newfield Summer Camp
- Groton Summer Camp
- Cayuga Nature Center
- Trumansburg Recreation

Informal Care: Babysitters, Nannies, etc.

Benefits

Family becomes the employer with one consistent caregiver

If you have 2 or more children it may be proportionally more affordable

Care may take place in your family home or in nanny/shared home

May have more flexible schedule and possibly offer household help

Possible challenges

Caregiver needs time away for appointments, vacations, illness

Can be expensive

Record keeping (receipts) are recommended

If you pay more than \$2,100 in one year, you may be required to issue a W-2

Quaranteam or Family Pods (share the caregiving)

Things to Consider/Discuss:

- Size of group
- Minimizing risk
- Safety rules
- Coordination
- Finding the right match
- Location/s
- Food/Meals
- Sanitation and cleaning
- Testing and masks
- If/when someone gets sick



Credit: NYT



- Free membership to Care.com through the Care@Work platform
- Available to benefits-eligible employees, graduate students, and retirees
- Find babysitters, nannies, tutors, elder care companions, pet care, home care, and other types of providers
- Nationwide, over 11 million caregivers
- Read reviews, use the mobile app, nanny pay and many other features
- hr.cornell.edu/careatwork



Create a Job Posting/Ad

- Using an “ad” can make your request stand out
- Provide details about what you need
- Tell potential providers a bit about your family and include a photo
- Share with them what they can expect if they provide care for your family
- Include any perks or incentives you may be able to offer, ie: meals, transportation



now hiring

Child Care Centers

NYS Licensing & Health Department Guidelines:

- Reduced maximum group sizes
- New protocols (drop off, health check, masks, cleaning, etc)
- Increased staffing needed to meet protocols

Waiting lists: shifting due to changing family and work needs



Group Home Child Care

- [Child Development Council](#) has referral system in place
- Home-like setting with one or two adults
- Groups can be multi-age and may include siblings
- May offer greater flexibility in schedule
- Licensed, regulated, monitored and quality care standards ([NAFCC](#))
- Generally less expensive



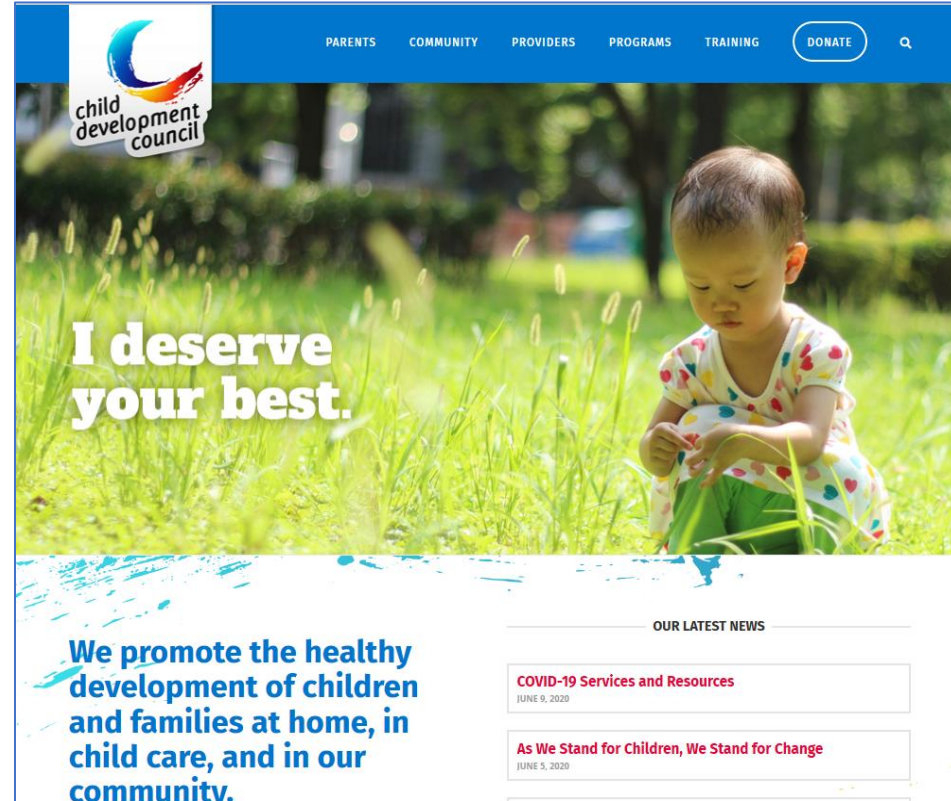
Child Development Council

Serves Tompkins and Cortland County

Ithaca: (607) 273-0259

Cortland: (607) 753-0106

Child Care Resource and Referral Program
database of licensed and registered
child care providers



The screenshot shows the homepage of the Child Development Council website. At the top left is the logo, which consists of a stylized 'C' with a rainbow gradient and the text 'child development council' below it. To the right of the logo is a blue navigation bar with white text for 'PARENTS', 'COMMUNITY', 'PROVIDERS', 'PROGRAMS', and 'TRAINING'. Further right is a white 'DONATE' button and a magnifying glass icon. The main content area features a large photograph of a young child in a field of tall grass, looking down at something in their hands. Overlaid on the left side of the photo is the text 'I deserve your best.' in a large, white, sans-serif font. Below the photo, there is a white section with a blue brushstroke graphic on the left. It contains the text 'We promote the healthy development of children and families at home, in child care, and in our community.' in blue and black. To the right of this text is a section titled 'OUR LATEST NEWS' with two news items: 'COVID-19 Services and Resources' dated 'JUNE 9, 2020' and 'As We Stand for Children, We Stand for Change' dated 'JUNE 5, 2020'.

Work Schedule & Workload Changes

1. Adjust your start/stop time (when you work) – use chunks of time that better align to your availability if possible
2. Staff may use paid time off in small increments each day (possible for exempt employees as well) or half/full days as needed
3. Staff may use [New York State Paid Family Leave](#) (NYSPFL) for care of children with disabilities, or to provide care to children with a serious health condition. NYSPFL can also be used to provide care to parents and spouses/domestic partners.
4. Reduce your hours temporarily (subsequent reduction in pay)
5. Discuss your work goals and priorities with your supervisor – some work projects/tasks may be better aligned to your current situation than others

Home Schooling & Pod Schooling

[Home Schooling, Guide for Home Schooling](#)

Coordinated by TST BOCES – 257-1555 ext 7203

Students must have an approved Individualized Home Instruction Plan (IHIP)

Must submit quarterly reports

[Ithaca Podscooling Facebook Page](#)

[Loving Education At Home in Ithaca](#)

[Unschooling.org](#)

[Resources for pre-K through grade 12](#)

[Requirements for homeschooling in New York State](#)

About the Program

- **Supportive Tutoring for Area Youth (STAY)** is a program that has been developed in response to COVID 19 and the implementation of remote learning for both college students and local school districts.
- **STAY** will provide 1-on-1 virtual tutoring sessions for K-12 students throughout Tompkins County in an effort to support the education of students during this period of remote instruction.
- There are a limited number of STAY tutors, however we will try and meet requests as best we can.
- Parents interested in having their student matched with a Cornell tutor should [fill out this form](#) or email Bethany Resnick, K-12 Program Coordinator at brr7@cornell.edu with questions or to learn more.



Summer Care Resources from Care.com

[Equal Parts Podcast](#): Recent podcast subjects that may be of particular interest include 'Ideas for Summer Camp at Home' and 'Parenting During a Pandemic.'

[Summer Care Resource Guide](#): The Summer Care Resource Guide is frequently updated and available on Care.com for all employees to access more information about caring for their children and households throughout the upcoming and unprecedented Summer.

[Hobby and Online Tutoring Classes for Children](#): Employees can search by child's age, date, and category to find online and virtual classes for their children to participate in from home. Topics include Art, Dance, Sports, Language, and STEM -- to name a few. There is a cost associated with most of the online classes. Prices vary but are clearly outlined on the website.

Babysitters & Nannies Needed

Do you know someone who needs work?

Full and part-time babysitters and nannies are in high demand!

Ages 18+

Potential caregivers ages 18 and older are encouraged to post a profile at Care.com and apply for positions posted by parents. Get started by going to [Care.com](https://www.care.com) and selecting “Find Jobs.”

Ages 14-17

Potential caregivers ages 14-17 years old are not permitted to create a profile at Care.com, thus we are encouraging teens to inform us of their availability and we will attempt to help Cornell families and teens connect (note: teens will not be screened nor are they endorsed by Cornell University).

[Learn more.](#)

ONCE UPON A TIME,
I WAS A PERFECT PARENT.
THEN I HAD CHILDREN.
THE END.

*If you have
concerns or
questions, please
contact us at*

worklife@cornell.edu

Our Teams

Work/Life - Human Resources

worklife@cornell.edu – 255-1917

hr.cornell.edu/wellbeing-perks

Cornell Wellness

wellness@cornell.edu – 255-5133

wellness.cornell.edu

Faculty and Staff Assistance Program

fsap@cornell.edu – 255-2673

fsap.cornell.edu

